

## **EFFECT OF HYPOTHERMIA ON GENE EXPRESSION OF SOME ENZYMES ACTIVITY IN BRAIN OF NILE TILAPIA (*OREOCHROMIS NILOTICUS*)**

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Received 6/ 2/ 2012

Accepted 3/ 3/ 2012

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### ***Abstract***

Tilapias are widely recognized as one of the most important fish species for freshwater aquaculture. Temperature is one of the most important factors affecting the metabolism or Nile tilapia (*Oreochromis niloticus*). The present study was conducted to evaluate the effect of low temperature (hypothermia) on some enzymes activity in brain of (*O. niloticus*) such as succinate dehydrogenase, pyrovate and lactate temperature was decreased by permanently used colder. Total number of 50 fish were distributed into 5 groups; each group contain 10 fish, group (1) control group reared at optimal temperature (24-26°C) group (2) fish reared at 15°C for 24 hours. Group (3) fish exposed to 15°C for 30 days. Group (4) fish reared at 17°C for 24 hours. Group (5) fish reared at 17°C for 30 days. The brain tissues were kept in liquid nitrogen tank until analysis.

The results revealed that the brain tissues show a significant decrease in succinat dehydrogenase and pyrovate level in the group subjected to hypothermia and this decrease was clear in group 3. While there a significant increase in lactate level in group 3 subjected to hypothermia and this increase was clear in the group subjected to 15°C for 30 days. . The results showed that the brain tissues of *O. niloticus* show a decrease in the level of Gene expression of Hexokinase enzyme (HK) in group exposed to low temperature at group 3 and 5 when compared to control group. The same results were obtained of Gene expration cytochrome oxidase enzyme (COXII).

Hypothermia has effect on activity and gene expression of metabolic enzymes in brain of Nile tilapia.

**Keywords:** Nile tilapia, *Oreochromis niloticus*, hypothermia, gene expression, enzymes activity, succinate dehydrogenase, pyrovate and lactate, temperature.

## INTRODUCTION

Temperature is one of the most important environmental factors, as it determines the distribution, behaviors and physiological responses of animals. Temperature also affects longevity in insects (Sohal and Allen, 1986), fish (Malek *et al.*, 2004), primates and humans (Buffenstein, 2005) Temperature is one of the most important factors affecting the physiology, growth, reproduction and metabolism of tilapia. Temperature is of prime importance in temperate and tropical regions, which are characterized by seasonal fluctuations in water temperature. Tilapias are hemophilic fish and known to tolerate a wide range of water temperatures. Extensive research has been conducted on the effect of water Temperature on tilapia performance. The Temperature range for the normal development reproduction and growth of tilapia is about 20°C to 35°C, depending on fish species, with on optimum range of about 25°C -30°C (Balarin and Haller, 1982 and Chervinsk, 1982).Tilapia can life in optimum temperature 27-28 °C (El-Sayed and Kawanna, 2004).

In contrast to endothermic mammals, ectothermic vertebrates such as fish can survive in a wide range of thermal environments, and thus fish cells may utilize different strategies to cope with thermal fluctuations. Many physiological responses, including changes in lipid composition (Hazel, 1979), increases in pump activity and specific  $\text{Na}^+/\text{K}^+$  -ATPase activity (Schwarzbaum *et al.*, 1992) and oxygen consumption have been extensively reported when fish are exposed to hypothermia (Raynard and Cossins, 1991).

Tilapia can also tolerate Temperature as low as 7°C -10°C, but only for brief periods (Balarin and Haller, 1982 Chervinski,1982; Jennings, 1991 and Sifa *et al.*, 2002) longer exposure of tilapia to this low temperature will certainly lead to mass mortality. Tilapia feeding is sharply reduced below 20°C, and they stop feeding at about 16°C, while severe mortality occurs at 12°C (Balarin and Haller,1982 and Chervinski,1982).

Hypothermia may have effect on fish especially on growth, reproduction and metabolism , so this study aim to determination the effect of hypothermia on gene expression of some metabolic enzymes and values of some metabolites in brain tissue of Nile tilapia fish.

### **AIM OF THE WORK**

This study amid to determine the effect of hypothermia on gene expression of some metabolic enzymes such as Hexokinase (HK),and Cytochrome oxidase (Cox II)and determine the levels of lactate ,pyruvate and activity of Succinate dehydrogenase in brane tissueof Nile tilapia fish, (*Oreochromis niloticus*).

### **MATERIAL AND METHODS**

#### **Fish:**

Nile tilapia were obtained from local fish hatchery in Abbassa, Abu hammad Skarkia Egypt. Fish were maintained for 1 month in 150 liter tanks under laboratory conditions in normal temperature (24-26°C). Fish were divided into five groups, every group contains 10 fish which into 5 aquarium. The fish fed on diet 25% protein.

Group (1): Fish reared at optimal temperature at 24°C - 26°C (control group) all over the experiment.

Group (2): Fish reared at 15°C for 24 hours.

Group (3): Fish reared at 15°C for 30 days.

Group (4): Fish reared at 17°C for 24 hours.

Group (5): Fish reared at 17°C for 30 days.

**Sampling:**

Brain tissues were isolated from fish samples of all groups by cutting off the head of fish, set the head on its cut surface with snout facing upward and use the cutter to cut from the nostrils to the upper edge of the eye and remove the front partial pone then remove the brain tissues of fish by forceps. Immediately, the brain tissues isolates were kept in liquid nitrogen tank .

Brain tissues were grinded with a ceramic motor and pestle under approximately 2ml of saline solution under colling and pour the suspension into Homogenization Spin Column.Centrifuged at 12000 x g for min.at room temperature. Samples were kept until analysis at - 168°C

**Biochemical Determination:**

- (1): Determination of brain tissue succinate dehydrogenase according to (Kramer, 1971)
- (2): Determination of brain tissue, pyruvate by Enzymatic UV-Test kits according to (George and Peter, 1971).
- (3): Determination of brain tissue lactate by enzymatic colorimetric method (LOX | PAP) with lactate oxidase and 4-aminoantipyrine kites according to (Wieser *et al.* 2003).

**Molecular determination:**

- (1) Determination of (Hexokinase and Cytochromeoxidase) Gene Expression: Using a semi-quantitative RT-PCR according to (Meadus, 2003).
- (a) Protocol of RNA extraction from tissue; Using Gene JET<sup>tm</sup> RNA purification Kit (Fermentas).
- (b) One step (PCR) Kits: Using beads (Fermentas).

**Table (1):** The thermal cyclers conditions used during PCR.

| Gene                    | Initial denaturation | Denaturation | Annealing | Extension | Final extension | Cycles |
|-------------------------|----------------------|--------------|-----------|-----------|-----------------|--------|
| Hexokinase              | 94 5 min             | 94 1 min     | 60 1 min  | 72 1 min  | 72 10min        | 35     |
| cytochrome-oxidase (II) | 95 2 min             | 94 30 sec    | 54 30 sec | 72 1 min  | 72 10min        | 35     |
| GAPDH                   | 95 5 min             | 94 30 sec    | 60 30 sec | 72 1 min  | 72 7 min        | 30     |

**Table (2):** Primers used in determination of the expression of the previous genes.

| Gene                    | Primers   | Organ           | Annealing Temp. | Expected size |
|-------------------------|---|-----------------|-----------------|---------------|
| Hexokinase              | 5'- GCATCTCCGACTTCCTG 3'<br>5'- GCAGCTTGTACAGGGTG 3'              | Brain<br>Tissue | 72              | 447           |
| Cytochrome-oxidase (II) | 5'-CGACTAATCATAAAGATATCGGCAC3'<br>5'-ACTTCAGGGTGACCGAAGAATCAGAA3' | Brain<br>Tissue | 72              | 655           |
| GAPDH                   | 5-CCCGTAGACAAAATGGTGAAGG-3<br>5-GCCAAAGTTGTCATGGATGACC-3          | Brain<br>Tissue | 60              | 215           |

PCR products were separated on a 1.5% Ethidium bromide treated agarose gel electrophoresis in Tris acetate EDTA buffer with 0.5 mg/ml ethidium bromide. The gel examined by UV transilluminator. The electrophoretic picture was taken by digital camera 12 mega pixels and quantified with image J software.

**Statistical analysis of results:**

The data obtained in the study, were statistically analyzed according to the methods described by Dixon and Massey (1983) and Snedecor (1980).

**RESULTS AND DISCUSSION**

The results in tables 3 present values for brain tissue Succinate dehydrogenase enzyme activity of Nile tilapia fish exposed to 15°C and 17°C for 24 hours and 30 days. The results show that there is a significant decrease in the activity of succinate dehydrogenase enzyme was clear in the groups subjected to hypothermia for 30 days.

Our results mentioned above are in close agreement with the values reported by other workers as Campbell and Davies (1978) reported that the aerobic enzyme activities are found to be lower at the cold temperature in blennies (*Blemmios phalis*) acclimated to 10°C compared to 20°C; the activities of aerobic enzymes remain much lower at cold than warm temperature Johnston and Dunn (1987). Yasuyuki *et al.* (1985) reported that in carp muscle, the enzyme activities at optimal temperature (30°C) were 8.5 fold higher than at 25 degree of temperature.

The data obtained in tables 4 revealed that the pyruvate value in brain tissue of Nile tilapia fish exposed to 15°C and 17°C for 24 hours are decreased; while the pyruvate content in brain tissue of Nile tilapia fish exposed to 15°C and 17°C for 30 days decreased significantly.

Our findings mentioned above are similar to many findings of other researchers; pyruvate decreased in both muscle and liver of some fishes at low temperature (Zakhartsev *et al.*, 2004); levels of pyruvate decreased in rainbow trout (*Oncorhynchus mykiss*) when fish exposure to low temperature from till 8°C (George and Peter, 1971.)

Our investigation in table 5 showed that the lactate values in brain tissue of Nile tilapia fish exposed to 15°C and 17°C for 24 hours are increased, while the lactate levels in brain tissue of Nile tilapia fish exposed to 15°C and 17°C for 30 days were increased significantly.

Our results obtained are agreed with finding of Trygve and Bengt (2003) who said that exposure Atlantic salmon (*Salmo Salar*) to low temperature leads to increase in lactate level; lactate level were determined in rainbow trout (*Salmo gairdneri*) acclimated to 8°C 12°C and 16°C; the 8°C acclimated fish had the highest lactate level . At 20°C gold fish survive anaerobic conditions for only a few hours while at 4°C survival in extended to several days, during the course of low temperature anaerobiosis these was a rise in blood glucose and lactate, a decline in liver glycogen concentration and an increase in liver water content. It is concluded that liver glycogen is a necessary energy source during cold an aerobiosis (Walker and Johansen, 1977).

Findings of other authors are not in agreement with our result, on in (*Rutilus rutilus* L.) fish acclimated to 4°C , lactate accumulation after activity were only half those in fish to 12 and 20°C (Wieser *et al.*, 2003), also changes in blood lactate and glucose concentration was monitored in common carp (*Cyprinus carpio*) exposed to decreasing temperatures (from 24°C to 4°C), blood lactate decreased in the cold treated common carp in both rapid and slow change experiments (Guan, 2010).

Crockett and Sidell (1990) found that low lactate level when exposure polar fish such as (Antarctic notothenioids) to low temperature.

As illustrated in table 5 appeared that elevation of temperature increased the lactate level of fish exposed for 24 hours; slight differences in elevation was noticed between both group exposed for 30 days and this findings are in agreement with conclusions of may authors mentioned before.

In response to differences in environmental temperature, however, significant changes in the levels of activity of fructose biphosphate aldolase, pyruvate kinase. Succinate dehydrogenase, cytochrome oxidase and cytochrome oxidase were observed in one or more tissue. One group of enzymes increased in the cold while the other group decreased, indicating that major metabolic reorganizations were occurring, the patterns of change among tissues were distinctly different, therefore changes observed in one tissue can not readily be generalized to other tissue (James *et al.*, 2005).

**Table (3):** Showed succinate dehydrogenase activity (m/u/ml) in Nile tilapia (*O. niloticus*) reared at different levels of temperatures for different periods.

| Treatment | 15° C/ 24h. |           | 15° C/ 30 day. |           | 17° C/ 24h. |           | 17° C/ 30 day. |           |
|-----------|-------------|-----------|----------------|-----------|-------------|-----------|----------------|-----------|
|           | Contro<br>1 | Grop<br>2 | Contro<br>1    | Grop<br>3 | Contro<br>1 | Grop<br>4 | Contro<br>1    | Grop<br>5 |
| Minimum   | 7.94        | 3.06      | 7.67           | 4.23      | 7.44        | 4.76      | 7.76           | 4.88      |
| Maximum   | 14.53       | 11.18     | 14.34          | 10.71     | 14.53       | 11.23     | 11.34          | 11.54     |
| Mean      | 11.64       | 8.26      | 10.84          | 5.66      | 11.64       | 4.18      | 10.84          | 6.733     |
| ±SE       | 0.68        | 0.57      | 0.86           | 0.57      | 0.68        | 0.83      | 0.68           | 0.38      |
| *T. test  | 2.572       |           | 3.667          |           | 3.742       |           | 2.874          |           |

\* P<0.01

**Table (4):** Showed Pyruvate content (mg/dl) in Nile tilapia (*O. niloticus*) reared at different levels of temperatures for different periods.

| Treatment | 15° C/ 24h. |       | 15° C/ 30 day. |       | 17° C/ 24h. |       | 17° C/ 30 day. |       |
|-----------|-------------|-------|----------------|-------|-------------|-------|----------------|-------|
|           | Control     | Grop2 | Control        | Grop3 | Control     | Grop4 | Control        | Grop5 |
| Minimum   | 73.00       | 2.58  | 2.81           | 1.71  | 3.00        | 3.17  | 2.81           | 2.35  |
| Maximum   | 8.71        | 7.24  | 8.32           | 4.32  | 8.71        | 7.31  | 8.32           | 5.17  |
| Mean      | 5.34        | 4.11  | 5.53           | 2.76  | 5.34        | 4.68  | 5.53           | 3.31  |
| ±SE       | 0.96        | 0.43  | 0.48           | 0.63  | 0.96        | 0.85  | 0.98           | 0.68  |
| *T. test  | 2.53        |       | 3.21           |       | 2.74        |       | 2.36           |       |

\*P<0.01



**Table (5):** Showed lactate content (mg/dl) in Nile tilapia (*O. niloticus*) reared at different levels for temperatures for different periods.

| Treatme<br>nt   | 15°C/ 24h.  |           | 15°C/ 30 day. |           | 17°C/ 24h.  |           | 17°C/ 30 day. |           |
|-----------------|-------------|-----------|---------------|-----------|-------------|-----------|---------------|-----------|
|                 | Contro<br>1 | Grop<br>2 | Contro<br>1   | Grop<br>3 | Contro<br>1 | Grop<br>4 | Contro<br>1   | Grop<br>5 |
| <b>Minimum</b>  | 11.0        | 10.0      | 11.6          | 11.3      | 11.0        | 10.3      | 11.6          | 11.7      |
| <b>Maximum</b>  | 12.5        | 12.0      | 13.8          | 14.2      | 12.5        | 13.4      | 13.8          | 14.4      |
| <b>Mean</b>     | 10.5        | 10.75     | 11.60         | 12.25     | 10.50       | 11.25     | 11.6          | 13.0      |
| <b>±SE</b>      | 0.30        | 0.70      | 0.30          | 0.28      | 0.30        | 0.73      | 0.30          | 0.46      |
| <b>*T. test</b> | 1.17        |           | 1.38          |           | 0.98        |           | 2.98          |           |

\*P<0.01

In the study, the brain tissue showed a decrease in level of gene expression of Hexokinase gene in both group (3) and (5) exposed to hypothermia for long duration comparing with control group (Table 6 and Fig. 1) on finding support the opinion of Dawn *et al.*, (1991) who stated that there in a decrease in the activities of Hexokinase in tissue removed from cold – acclimated fish , also our result was in agreement with foundation of Johnston (1977) that said , low temperature acclimation, the activities of hexokinase was approximately 2-3 time lower in carp (*Cyprinus carpio* ) than rainbow trout ( *Salmo gairdneri*) white muscles.

When exposure fish to low temperature in our study, we found a significant decrease in level of Cox II gene expression in both group (3) and (5) that exposed to hypothermia for 30 days comparing with control group (Table 7) and ( Fig. 2); these results are in agree with others findings and disagrees with others. At hypothermia, Antarctic eelpout (*Pachycara bracephalum*) failed to reflect such a compensatory increase in the cox II activities, whereas cold acclimated eelpout from the north sea show lower enzyme activities then expected on the basis of mitochondrial m RNA level (Hardewig *et al.* 1999); transfer of green

sunfish (*Lepomis cyanellus*) from 25°C to 5°C resulted in a rapid decrease of approximately 40% in rates of synthesis of skeletal muscle cytochrome c and a concomitant decrease in the degradation rate constant for this molecule of approximately 60% (Sidell, 1977).

Cold acclimation of the eurythermic carp is accompanied by a partial compensation of the acute effect of decreasing temperature on the activity of cytochrome oxidase in red muscle mitochondria (Ekkehart, 2003).

Leigh (2011) measured metabolic enzyme activity in terrapin muscle tissue to assess thermal dependence and the role of temperature in seasonal metabolic down regulation in this species. Activity of cytochrome c oxidase was assayed at 10, 20, 30 and 40°C for tissue collected during summer and winter; he found that the activity of cytochrome oxidase was significantly lower in winter collected tissue compared with summer collected tissues. Results indicate that temperature affects contribute to seasonal metabolic down regulation and dormancy in terrapins.

Low temperature leads to low citrate synthase / cytochrome oxidase ratio that reflect the energy surplus available (Ibarz *et al.*, 2010); Juvenile lake white fish (*Coregonus clupeaformis*), a species while is extensively distributed in northern latitudes and which experiences a fairly wide range of temperature acclimated at 5 and 18°C , cold acclimation during six months do not increase the levels of cytochrome oxidase and citrate synthase (Blier and Guderley, 1988).

Acclimated goldfish for 2-4 weeks to either 10°C or 30°C and found that activities of cytochrome c oxidase in gill tissue were higher at all temperature between 10°C - 40°C in the cold acclimated.

Flounder (*Platichthys flesus L.*) were acclimated in sea water for 1-2 month to either 5°C or 23°C; activities of marker enzymes for

mitochondrial metabolism, cytochrome oxidase and hexokinase are 1.5-2.8 times higher in muscles of cold - acclimated compared to warm acclimated flounders. Increases in the activities of these enzymes with cold acclimation may serve to offset the effects of low temperature on aerobic ATP supply. Glycolytic enzyme activities as lactate dehydrogenase, however, are similar at both acclimation temperature (Johnston and Wokoma, 1986).

**Table (6):** Analysis of PCR product of Hexokinase gene in brain tissue of Nile tilapia fish.

| Group | Area | Mean    | Stdev  | Min | Max | XM      | YM      | Medium | %area |
|-------|------|---------|--------|-----|-----|---------|---------|--------|-------|
| G1    | 130  | 158.038 | 1.116  | 155 | 161 | 110.987 | 392.502 | 158    | 100   |
| G2    | 130  | 1570146 | 10.107 | 153 | 160 | 156.991 | 391.5   | 157    | 100   |
| G3    | 130  | 145.731 | 1.385  | 142 | 160 | 200.001 | 390.499 | 157    | 100   |
| G4    | 130  | 157.754 | 2.359  | 149 | 169 | 149.987 | 389.497 | 146    | 100   |
| G5    | 130  | 151.23  | 1.146  | 143 | 158 | 231.874 | 318.348 | 150    | 100   |

The brain tissue showed a decrease in level of gene expression of (HK) gene in both group (3) and (5) that exposed to hypothermia for long time comparing with control group.



**Figure (1):** The electrophotography of m RNA of Hexokinase gene in brain tissue of Nile tilapia fish.

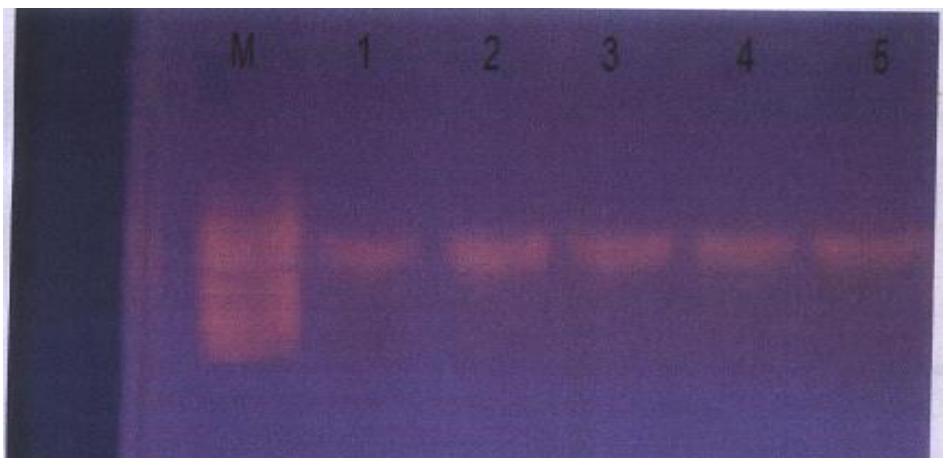
**Where:**

M: Marker.                      (1) Group (1)                      (2) Group (2)  
(3) Group (3)                      (4) Group (4)                      (5) Group (5)

**Table (7):** Analysis of PCR product of Cox II gene in brain tissue of Nile tilapia fish.

| Group     | Area | Mean    | Stadev | Min | Max | XM      | YM      | Medium  | %area |
|-----------|------|---------|--------|-----|-----|---------|---------|---------|-------|
| <b>G1</b> | 175  | 121.966 | 3.905  | 116 | 138 | 442.703 | 266.502 | 124     | 100   |
| <b>G2</b> | 175  | 118.72  | 2.465  | 114 | 123 | 383.357 | 265.507 | 121     | 100   |
| <b>G3</b> | 175  | 107.017 | 1.101  | 99  | 119 | 324.495 | 266.494 | 111     | 100   |
| <b>G4</b> | 175  | 120.177 | 11.568 | 117 | 124 | 269.514 | 269.543 | 122     | 100   |
| <b>G5</b> | 175  | 110.132 | 4.103  | 104 | 118 | 214.87  | 227.131 | 131.117 | 100   |

The brain tissue showed significant decrease in level of gene expression of (Cox II) gene in both group (3) and (5) the exposed to hypothermia for long time comparing with control group.



**Figure (2):** The electrophotography of m RNA of GK gene of (Cytochrome oxidase) in brain tissue of Nile tilapia fish.

**Where:**

M: Marker.

(1) Group (1)

(2) Group (2)

(3) Group (3)

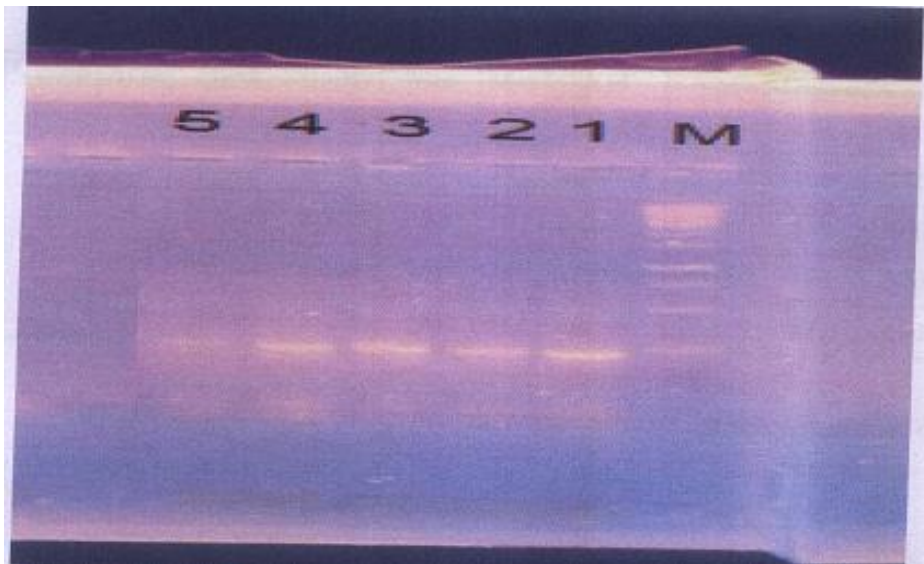
(4) Group (4)

(5) Group (5)

**Table (8):** Analysis of PCR product of GAPDH gene in brain tissue of Nile tilapia fish.

| Group | Area | Mean    | Stadev | Min | Max | XM      | YM      | Medium | %area |
|-------|------|---------|--------|-----|-----|---------|---------|--------|-------|
| G1    | 250  | 267.5   | 3.146  | 166 | 186 | 140.43  | 318.004 | 174    | 100   |
| G2    | 250  | 165.304 | 2.968  | 159 | 171 | 188.033 | 320.025 | 166    | 100   |
| G3    | 250  | 162.592 | 2.562  | 155 | 167 | 241.497 | 320.001 | 159    | 100   |
| G4    | 250  | 163.648 | 2.668  | 164 | 181 | 289.497 | 320.002 | 173    | 100   |
| G5    | 250  | 164.67  | 3.138  | 163 | 184 | 291.497 | 321.002 | 175    | 100   |

The internal control gene showed almost stable pattern of expression in brain tissue of Nile tilapia.

**Figure (3):** The electrophotography of Glyceraldehyde 3 phosphate dehydrogenase m RNA (GAPDH) expression in brain tissue of Nile tilapia fish.

**Where:**

M: Marker.                      (1) Group (1)                      (2) Group (2)  
(3) Group (3)                      (4) Group (4)                      (5) Group (5)

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## تأثير انخفاض درجة الحرارة على التعبير الجيني لنشاط بعض الإنزيمات الموجودة بالمخ لأسماك البلطي النيلي

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### الملخص العربي

تعتبر أسماك البلطي من أهم الأسماك التي تصلح للتربية في المزارع السمكية ودرجة الحرارة من أهم العوامل المؤثرة على العمليات الحيوية لأسماك البلطي النيلي. استهدفت هذه الدراسة تأثير انخفاض درجة الحرارة على نشاط بعض الإنزيمات الموجودة بالمخ لأسماك البلطي النيلي مثل إنزيم السكسينك ديهيدروجينيز ومستوى البروفات واللاكتات وقد تم خفض درجة الحرارة عن طريق كولدير واستخدم في هذا البحث ٥٠ سمكة بلطي نيلي وقسمت هذه الأسماك إلى ٥ مجموعات وتحتوي كل مجموعة على ١٠ أسماك، المجموعة الأولى وهي مجموعة الكنترول (٢٤-٢٦م)، المجموعة الثانية وهي مجموعة معاملة الأسماك تحت تأثير ١٥م لمدة ٢٤ ساعة، المجموعة الثالثة وهي مجموعة معاملة الأسماك تحت تأثير ١٥م لمدة ٣٠ يوم، المجموعة الرابعة وهي مجموعة معاملة الأسماك لدرجة حرارة ١٧م لمدة ٢٤ ساعة، المجموعة الخامسة وهي مجموعة تأثير درجة حرارة ١٧م على الأسماك لمدة ٣٠ يوم، وقد أظهرت النتائج انخفاض معنوي في مستوى إنزيم سكسينك ديهيدروجينيز ولبيروفات في مخ أسماك البلطي النيلي في جميع المجموع بالمقارنة بمجموعة الكنترول، بينما كان هناك ارتفاع معنوي في مستوى اللاكتات لجميع المعاملات بالمقارنة بمجموعة الكنترول.

مما يدل على أن انخفاض درجة الحرارة يؤثر على إنزيم السكسينك ديهيدروجينيز والبروفيك، وأظهرت النتائج أيضا انخفاض ملحوظ في مستوى التعبير الجيني لإنزيم الهكسوكينيز مما يدل على أن انخفاض درجة الحرارة تؤثر على التعبير الجيني لإنزيم الهكسوكينيز. كما أنه لوحظ انخفاض في التعبير الجيني لإنزيم السيتوكروم أكسيداز في مخ سمكة البلطي النيلي في المجموعة الثالثة والخامسة مما يدل على أن انخفاض درجة الحرارة تؤثر على التعبير الجيني لإنزيم السيتوكروم أكسيداز.

من هذه الدراسة نجد أن انخفاض درجة الحرارة يؤثر تأثيراً ملحوظاً على التعبير الجيني لبعض إنزيمات التمثيل الغذائي لأسماك البلطي النيلي.